



Voices for Independence



120 S. Holland-Sylvania Road
Toledo, Ohio 43615
419.866.9013

River Crossings Adult Day Services
6377 River Crossings, Suite 2
Sylvania, OH 43560
419.517.5560

www.josinalott.org

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“Enriching the lives of persons with developmental disabilities by providing quality services, safe environments and opportunities for self-determination and community integration.”



2014 Annual Report

keeping our promise of providing high quality services, while maintaining fiscal stability

We approached 2014 with some uncertainty as the Ohio Department of Developmental Disabilities (DODD) moved forward with reductions in Intermediate Care Facility (ICF) Medicaid funding. This decrease in ICF funding was designed to reduce the size of facilities, strengthen waiver services and conversions to waivers, and enhance services to individuals with the most acute needs.

We are pleased to report that we have met this challenge - without sacrificing the quality of services we provide to the individuals we serve. Expected DODD reductions in Medicaid funding to ICFs were offset by waiver growth at River Crossings and Penn Road, an increase in respite services, and by adjusting expenses to align with revenue over the course of 2014. So while total revenue for 2014 was down by less than 1% compared to 2013; expenses for fiscal year 2014 were also down by less than 1% - ending 2014 with a slight budget surplus.

A visual snapshot of revenue and expenses for 2014 appears on the following page. Revenue for 2014 was comprised primarily of Medicaid (86.8%), waiver billings (8.2%), the Manahan Fund (3.4%) and the Josina Lott Foundation (1%).

Expenses for 2014 are mainly attributed to programming

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'Day of Caring' with Josina Lott

For the 9th year in a row, volunteers from St. Ursula Academy participated in Day of Caring; a day when students, faculty and parents come together to volunteer over 2,000 hours of service in a single day. St. Ursula, Grades 6-12, sent over 600 students, faculty, staff, and parent volunteers to 35 local Toledo service agencies to volunteer their services and helping hands.

We hosted nine St. Ursula students, a faculty member and student parent at River Crossings on Wednesday,



April 29 for a full day of landscaping: planting flowers, spreading mulch, and trimming trees. The weather could not have smiled upon us brighter and everyone worked together to transform the landscape at River Crossings from spring clutter – to spring beautiful!

We would like to extend our sincere thanks to St. Ursula Academy and especially the energetic students who spent the day with us at River Crossings: Hannah, Kaitlyn, Liz, Julianna, Sabrina, Anna, Ashley, Sara, and

Isabelle. We would also like to thank St. Ursula faculty member Amny Karban and volunteer parent Denise!

And a special kudos goes out to the Josina Lott Operations team who supplied the bulk of the heavy lifting, tools, equipment, and project oversight; thank you Pat, Dave, Bob, and Paula.

An interesting side factoid: the four individuals in Operations represent a combined 75 years of service to Josina Lott! It's amazing what you can learn when working shoulder-to-shoulder with your co-workers!

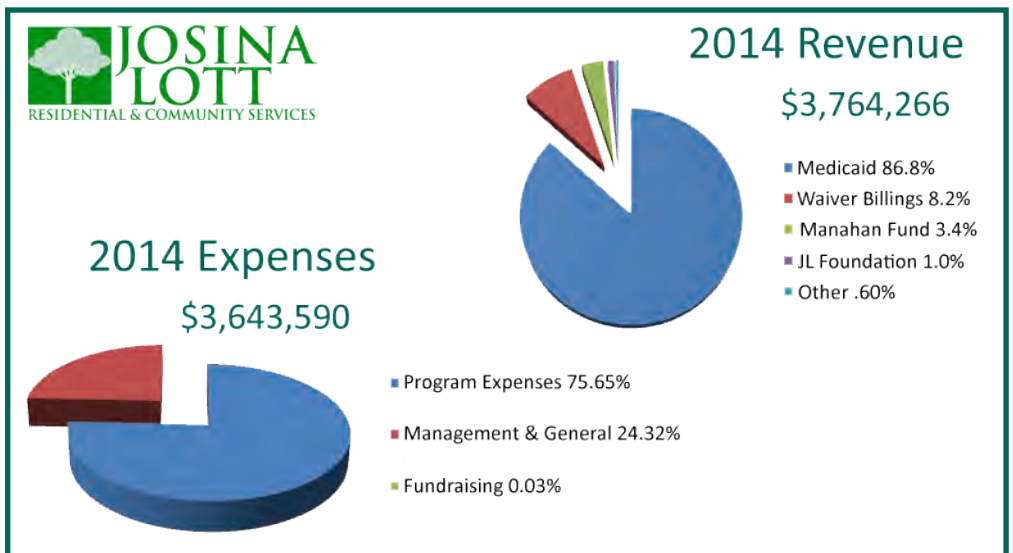


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2014 Annual Report: maintaining high quality services, fiscal stability

expenses (75.65%) and management/general expenses (24.32%).

As we move into 2015 we remain fiscally strong. Yet, as we have been reporting, we anticipate major changes coming from DODD. While Governor Kasich's 2016-2017 biennial budget represents the most significant investment in services to individuals with developmental disabilities in the history of the department, it is still unclear how these funds will be allocated and to what end. Stay tuned!



A bright and beautiful Sunday morning set the stage for the running of the **2015 Jog & Jaunt 5k/10k**

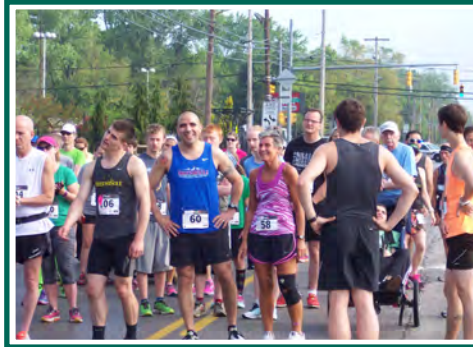
On Sunday May 17, athletes of all ages and abilities came together in celebration of the competitive spirit at the 4th Annual Josina Lott Jog and Jaunt 5k/10k and 1.5 mile loop (walk).

This year we welcomed over 100 registered runners, walkers, and rollers to the Josina Lott campus – our best turnout ever for this annual spring event. Participants were greeted by a warm and humid Sunday morning but rain showers stayed at bay for an event that delivered on its promise of fun for the whole family!

Following the race, registrants enjoyed hotdogs with all the fixins, baked beans, and chips provided by Josina Lott's own Chef Aaron.

Overall awards went to Second Sole staffers, Matt Leis, 5K (0:16:16) and Jake Kasparski, 10k (0:34:26).

Josina Lott - Inclusive Miles was solidly represented in both the 5K and



Gearing up for the start of the race! We welcomed over 100 registrants in the 2015 Jog & Jaunt

1.5 mile loop. Participating in the 5K were Darryl Robinson (0:45:25), Justice Jones (0:31:05), Kevin McKenty (0:44:05) Dallas King (0:32:53) and Jenny Pope (1:17:53). Ericka Freeman (0:39:40), Tommy Duvendack (0:26:43) and Edmund Lyons (0:28:35) all participated in the 1.5 mile loop.

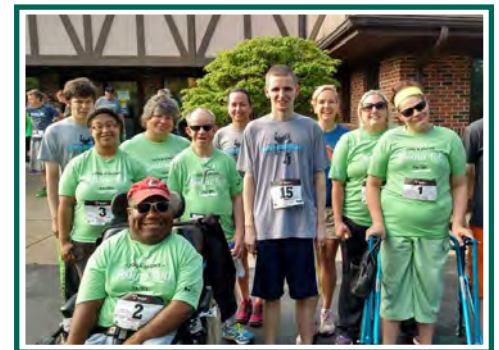
Athletes, staff, and volunteers from Josina Lott - Inclusive Miles are a common spectacle in the Toledo area running community. *"The Jog & Jaunt 5k has an event for everyone and it's humbling to see so many athletes,*

supporters and volunteers come out on an oppressively hot and humid Sunday morning to run with us," said Tonda Wiles Koszycki, Josina Lott Recreation Coordinator. *"As you can see from the crowd, it's clear that the athletes and residents of Josina Lott have the overwhelming support*

and acceptance of the Toledo running community," she said.

About the Josina Lott Inclusive Miles

As a recreation program, Inclusive Miles links individuals with developmental disabilities with mentors from the Toledo area running community who provide training advice, exercise plans, and guidance to athletes training for specific events. As a community integration program, Inclusive Miles provides these athletes the full running experience in diverse venues in Toledo and the surrounding communities.



The Inclusive Miles running team

Inclusive Miles is funded in part by a grant from the Toledo Roadrunners Club with additional funding for running shoes coming from DGL Consulting Engineers. Second Sole has also contributed significantly to this program by offering athletes substantial discounts on footwear.

If you would like to participate in Inclusive Miles as a runner, mentor, or race sponsor, please contact Tonda Wiles Koszycki at 419 866 9013 ext 148.

special

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2015 Jog & Jaunt

5k/10k



Josina Lott depends on the generosity of the Toledo Community so much for volunteers and fundraising support; we are constantly looking for ways that we can volunteer and give back to the community that has given so much to us.

So for the third year in a row, Josina Lott volunteered in support of the Glass City Marathon, participating in the Expo the night before the race stuffing race packets and staffing a water stop along the race route on the day of the big race.



The sea of runners cascading past our water stop was positively dizzying at times. Over 2,000 runners competed in the full marathon alone!



Nancy Spitulski was among the Josina Lott staff who joined residents at Water Stop #14 at the 17.5 mile mark of the 2015 Glass City Marathon

Josina Lott residents, staff, and friends were stationed at Water Stop #14 at the 17.5 mile mark on the course. Weather conditions couldn't have been better as a cool morning gave way to a sunny, pleasant day for runners with highs in the low 60's. Conditions were so favorable to runners that all four major course records fell on race day!



Joined by the Toledo ZooTeens, Maumee Select Choir and the iDancers, the energy and enthusiasm at the Josina Lott water stop could not be matched!

We try our best to make our water stop "an event" that gets bigger and better every year! This year we were joined by Tradewind DJ Service, the famous Toledo ZooTeen volunteers, The Maumee Select Singers and the iDancers.

We want to thank everyone for coming out to cheer, pass out water, and help clean up following the event, especially:

- Larry and Roy from Tradewind DJ for keeping the tunes playing for motivation and entertainment
- The Maumee Select Singers and director Amy Gorman for their voices, energy and enthusiasm
- iDancers and directors Karen and Katie – breaking out in dance at the water stop!
- ZooTeens – for manning the water stand keeping the cups full and thousands of runners hydrated
- Biggy Coffee for kick-starting our morning!
- Steve from Charlie's Homemade Pizza for the surprise pizza's following the race!

We have TONS of pictures from both the 2015 Glass City Marathon and the Jog & Jaunt 5K; check out our Josina Lott and the Inclusive Miles Facebook pages.

Reflecting back on 2014, here are some of our proudest moments and accomplishments:

West Residence Renovation of nurses' station, respite room and staff office includes a nursing medication room which allows for safer medication pass; nursing staff have reported that they are able to be much more productive.

Developed and produced a new video designed to quickly tell the comprehensive Josina Lott story to be used for outreach, education, and presentations.

No citations in the Life Safety portion of the annual Medicaid survey.

Three-year license from Licensure as a result of successful survey.



Posing in front of the Toledo skyline mural at the Charles Boyk Law Offices, from left to right: Josina Lott Board Member Anneke Godlewski, Yolonda, Ericka, Jen Ward, Tony and Lourdes University Art Therapy student Allie Walter

Named an official charity partner of the Glass City Marathon; also sponsored a water stop.

Josina Lott residents joined Lourdes University Art Therapy students to design and paint a 14 ft. x 4 ft. mural of the Toledo skyline in the new downtown office expansion of Charles Boyk Law Offices as part of their new Tribute to Toledo campaign.

For the third year, Artists at River Crossings designed our holiday cards.

Hosted many interns from UT (recreational therapy), Mercy College (nursing), and Owens (social work).



Josina Lott residents getting their cheer on at the water stop of the Glass City Marathon

Inclusive Miles, a running program which offers athletes with disabilities opportunities to participate in training and races at no cost; athletes, staff and mentors volunteered in more than 20 running events in 2014.

Tonda Wiles Koszycki, Recreation Coordinator, was the recipient of the 2014 Outstanding Professional award at the annual awards banquet presented by Camp Courageous and The Arc of Northwest Ohio.

Resident Donald Burnion was the recipient of the 2014 Outstanding Self Advocate award in recognition of his community service work advancing self-determination rights for persons with disabilities at Josina Lott and People First at the annual awards banquet presented by Camp Courageous and The Arc of Northwest Ohio.

Recognition from Mobile Meals for a 5 year commitment to volunteering.



UT Rec Therapy student Sarah posing with Michael before taking off for an evening training run for the 2015 Jog & Jaunt



120 S. Holland-Sylvania Rd.
Toledo, OH 43615
419-866-9013
www.josinalott.org

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Save the Dates: Family Picnic & 2015 Lawn Games

We are gearing up our summer enrichment programming with excursions to Cedar Point, the Lighthouse in Marblehead, Sauder Village, Copper Moon Studios (and more!) already on the early summer calendar! We also set the dates for two of our signature summertime events: the Josina Lott Family Picnic and the 2015 Lawn Games!

Family Picnic: June 20, 2015, 11:30am - 1:30pm

Invitations are in the mail to family and friends of the individuals we serve to join us on Saturday June 20th for the Josina Lott family picnic. Chef Aaron, bringing a fresh perspective to all that he does in his role as Food Service Coordinator, suggested we kick the celebration up a notch this year by roasting a pig!

Rain or shine, this picnic promises to be one to remember. Always mindful of being good budgetary stewards - invitees are encouraged to RSVP; please RSVP by Friday June 12 to Deb Berezowski 419 866 9013 ext 100 or, dberezowski@josinalott.org.



2015 Lawn Games: September 12, 2015 3pm - ?

Friendly competition and sportsmanship will be on display as residents form teams for the annual Lawn Games at Josina Lott. The games will be followed by a cookout and outdoor dance.