

2013 Annual Report

Ending any year with a slight surplus is positive but as a non-profit its testament to prudent use of financial resources. We did just that while maintaining high quality services for those we serve.

River Crossings Day Habilitation and Vocation Service continues to thrive and exceeded budget by thirty-one percent. This is attributed to increased vocation services and an increase in the number of individuals we serve. The average daily census is 40 including 31 individuals from Josina Lott; the remaining nine are community members. We continue to attract more waiver clients to our Day Services Program and are always searching out new vocation

opportunities from local businesses.

There were minimal unexpected expenses in 2013. Repairs were required on the heating unit in the East Residence. We experienced a slight cost over-run on the East Residence renovation and the unexpected bus replacement due to the accident in May was cause for concern. Fortunately we were able to secure funds from a private foundation and Maumee Rotary to aid with the purchase of our new bus.

Our respite revenue was down 45% from budget. It is unclear what is contributing to the decrease in the use of respite service but it seems to be an industry trend at this time.

Rose Acres revenue was down 19% attributed to lost service days while we

continue to look for a third roommate.

Overall this was a successful year for Josina Lott. Please review the article on page 5 outlining our 2013 accomplishments – Josina Lott Residential & Community Services continues to offer quality services, safe environments and opportunities for self-determination and community integration for the individuals we serve.

As we move into 2014 we may be facing some of our biggest financial obstacles to-date. Our Medicaid funding has been reduced due to changes made to the funding of Intermediate Care Facilities. Another concern will be the 2014 winter expenses that continue to accumulate with each snowfall!

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2013 REVENUE

Medicaid	\$3,295,967
Manahan Fund	\$133,589
River Crossings	\$126,776
Rose Acres (I O Waiver)	\$111,694
JL Foundation	\$36,498
Other	\$34,238
Respite	\$13,800
CAR Program	\$10,229

2013 EXPENSES

Program Expense	\$2,806,726
Management & General	\$922,477
Fund Raising	\$491

EXECUTIVE DIRECTOR

Michael M. Malone

Thanks to the generosity of The Toledo Roadrunners Club we have implemented a new program at Josina Lott for individuals interested in running - *Inclusive Miles*.

The Toledo Roadrunners Club has provided us the financial means to fund race entries, purchase T-shirts and cover the cost of background checks for each mentor.

Inclusive Miles offers individuals with disabilities the opportunity to achieve personal running, walking and rolling goals by providing training, fellowship and race entries; as well as a greater access to the community. *Inclusive Miles* is a program where athletes are mentored through an individualized training program focused on the “running experience” which includes bells and whistles such as T-shirts and proper running shoes.

Josina Lott Residential & Community

Services is proud to be home to Inclusive Miles! JLR&CS has provided orientation training and fingerprinting services for our selected mentors. JLR&CS also provides the home court, so to speak. *Inclusive Miles* has utilized the training equipment in the therapy room, the space in the gym and the hydrotherapy pool.

A team will consist of an athlete and a mentor. The team uses training templates/logs to achieve individualized goals. *Inclusive Miles* athletes are a combination of JLR&CS residents and individuals living in the community.

Mentors are selected from qualified volunteer applicants from the running community. Mentors are prescreened, trained, and background checked at no cost to the mentor.



DGL Consulting Engineers has provided us with funds to purchase proper shoes for our registered athletes in conjunction with Second Sole.

Glass City Marathon 5 Person Relay will be a reality for up to five athletes from *Inclusive Miles*. *Inclusive Miles* will help expand the role of athletes and supporters with disabilities in this important area event by managing the packet stuffing event, hanging door notices and hosting a water stop.

We are very excited to offer this program to the individuals we serve.

RECREATION DEPARTMENT UPDATE

This winter has made it difficult to keep to our scheduled outings but we have made due and been very busy, as usual.

We kicked off the Holiday Season with Hanging of the Greens in both residences and the gymnasium. We had volunteers from University of Toledo and several interns from both UT and Owens Community College on hand to assist with the decorating.

Our annual gift wrapping party was scheduled on the day of the first big snowstorm, December 14th but we were fortunate that four very dedicated volunteers from UT Service Fraternity plowed through and stayed for the entire day!

Several individuals were able to accomplish much of their Christmas shopping for their families at the craft

show hosted at the Toledo Rec Center. What holiday season would be complete with our Ugly Sweater Party? River Crossing hosted this event on December 20th.

Throughout the month of December holiday performances were hosted in our gymnasium. Guests included the Maumee High School Select Singers, Bowsher Rebeliers, St. John’s Jesuit Vocal Ensemble and the Jewish Community Center came for an evening of Jewish traditions. Potato latkes were prepared for snack during the evening but evidently they looked too good to pass up and were served for breakfast!

Toledo School for the Arts hosts a First Friday event, cleverly the first Friday of every month. This has become a huge hit with our individuals. The

performances are kept to 45 minutes and Black Kite Coffee offers coffee and pastries before the performance. Very well-done, if you have time be sure to include it in your activities before June!

We hosted a Valentine’s Dance on February 14th which was attended by several of our friends from the community. Tradewinds DJ services played music throughout the evening and guests were treated to cookies, coffee and punch. Earlier in the afternoon River Crossings hosted a Valentine’s Day party as well!

We continue to schedule new outings and always welcome volunteers! Check out signupgenius.com for details.

iPad Assistive Technology Update

The funds from the 2013 Annual Appeal have been directed toward our - *iPad Assistive Technology Program*. The premise for the program began with Dr. David Winters', Associate Professor, Eastern Michigan University, presentation in September and gave way to a program for our individuals to increase their social and communication skills, give voice to those who cannot speak, encourage authoring of stories and of course enjoyment of modern technology.

The iPads have arrived! Their protective cases and screen protectors are in transit and a grant has been submitted for table and wheelchair mounting apparatuses. We have chosen several applications for the implementation of the program: Proloquo2Go allows for interface with the user with voice recognition and picture and image choice for words. The possibilities for individual growth are limitless with this application! We will also load such apps as iPrompts which teaches scheduling and time management, FTVS HD offers visual cues and prompting for life skill development and social situation practices, and iDraw, iDress, Coin Math and iShape.

Excitement is building around the program, the staff is very eager to begin and a few individuals are now using tablets they received as Christmas gifts which is peaking the curiosity of their friends. We hope to implement the program before this newsletter reaches you in the mail. We will keep you posted!

To Our Friend, Family Member...Ellen Schnell

It was with great sadness that we joined with the family of Ellen Schnell to send her to eternal rest. Ellen was a resident at Josina Lott for five years and very active in the community. In our previous newsletter we congratulated Ellen for receiving the Advocate of the Year Award from People First. The award spoke volumes as to who Ellen was not only an advocate for herself, but all with disabilities.

While here Ellen enjoyed field trips and particularly those that were outdoors. She was a favorite of many volunteers because she was easy to talk to and always remembered volunteers when they returned. She spoke clearly and was often nominated "bingo caller" at games night! Ellen's favorites: Diet Pepsi, pepperoni pizza, singing karaoke, writing poetry, coconut ice cream and her favorite movie was *High School Musical 3*.

We will miss you dear friend.



SAVE THE DATE Josina Lott Jog & Jaunt 5K

Go to our website to sign up for our Jog & Jaunt 5K inclusive run, walk and roll event on Saturday, May 17th! Register before May 6th to be guaranteed a t-shirt and realize the reduced registration price. Don't have access to a computer? Call Tonda Koszycki at 419-866-9013 ext. 148 or Michelle Kravetsky at ext. 109 to register!

SATURDAY, MAY 17TH



EMPLOYEE SPOTLIGHT... AMANDA KISS



“Josina Lott is the best place I’ve worked by far!” says Mandy Kiss, Adult Day Services Specialist at River Crossings. Since joining Josina Lott in April 2011, Mandy has heard many stories from the individuals. “I love sitting and listening to the individuals tell details of their past. Seeing the smiles on their faces after I have helped them, or hearing a simple ‘thank you’ lets me know I have made a difference and keeps me going.”

Although she had never worked with the developmentally disabled population, when a position at Josina Lott Residential & Community Services became available, Mandy jumped at the opportunity. She describes herself as creative, caring and compassionate. “My favorite part of the day is the morning when I am greeted with 32 smiling, happy faces”.

As an Adult Day Services Specialist, Mandy is responsible for assisting the individuals with their daily needs and helping them participate in various recreational activities, thus keeping them active throughout the day.

Director of Community Services, Beth Baumert, says “Mandy is a hard worker who is very dependable and reliable. She presents a strong, positive work ethic and is a role model to her peers. If I need something, I know I can count on her.”

Mandy graduated from the University of Toledo with a degree in psychology and is currently pursuing a master’s degree in school counseling at Spring Arbor University.

Dan Stephens, adult day services coordinator and Mandy’s supervisor, said “Mandy brings her creativity to River Crossings to share with the individuals. She is always coming up with new ideas and projects.”

Mandy enjoys shopping, hanging out with her family and friends, and attending sporting events, especially Detroit Tigers, University of Michigan football and at her high school alma matter, Bedford. She is also on the council board at her church.

INTRODUCING AJ...



AJ is a very quiet person, except when he’s at home according to his mom, Linda! AJ has been attending the Adult Day Service program at River Crossings for four years and loves every minute of it! He enjoys the field trips and is especially fond of the Toledo Museum of Art where he has taken many art classes. AJ is very friendly and amenable to all.

AJ is a graduate of Penta Career Center and enjoyed participating in Special Olympics bowling and basketball. After high school he took up horseback riding but has given that up to spend more time at River Crossings.

When at home relaxing AJ enjoys spending time with his five nephews and niece from his older sister and younger brother. He enjoys vacations in Wisconsin to visit his aunt. AJ has a chocolate labrador retriever named Grace and spends time racing around on his scooter.

Leisure time for AJ includes watching an episode of Dukes of Hazard. Recently he attended WWE wrestling at the Huntington Center, another passion he enjoys watching on TV, but it’s always more amazing when experienced in person.

AJ’s birthday is August 16th, he is 40 years young and lives with his parents in Grand Rapids, Ohio.



2013 ACCOMPLISHMENTS

2013 marks 34 years of enriching the lives of individuals with developmental disabilities at Josina Lott Residential & Community Services. It was a busy year with many accomplishments and the introduction of new programs for the individuals we serve.

- The East Residence renovation was completed in April
- Hosted meetings or were a retreat site for: Lourdes University Entranceship class, Leadership Toledo Healthcare Day, Alzheimer's Board retreat, Baskets of Care, Lourdes University Health Care Day
- Individuals participated in Buddy Walk, Sunshine 5K, Alzheimer's Memory Walk
- Two new members were welcomed to the JLR&CS Board: Patti Webster and Mary Kern
- Our Directors continue to be involved in giving back to the community by being active members (Board or otherwise) of Springfield Holland Rotary, Downtown Kiwanis, Maumee Rotary, Senior Center Inc., MUI Stakeholder's meetings with Lucas County Board, OPRA Human Resources and IT Committee Chairpersons and District IV Board representative, Association of Fundraising Professionals
- Resident, Ellen Schnell, received an ARC Award for Self-Advocate of the Year
- Dr. David Winters gave a presentation on iPad usage for individuals with disabilities which has led to the implementation of our *iPad Assistive Technology Program*
- Hosted clinical therapy, recreation therapy, social work and nursing interns from: Eastern Michigan University (1), Mercy College (3), Owens Community College (4) and University of Toledo (7)
- Implemented SignUp Genius for volunteer sign-ups
- Hosted a volunteer appreciation event at River Crossings in September
- Hired a Director of Development & Communication
- Our board president, Zachary Norman, received National Philanthropy Volunteer of the Year Award
- Increased resident participation on Lucas County Special Olympics (LCSO)
- Renamed our 5K the Josina Lott 5K Jog & Jaunt
- Increased the number of shredding contracts, waiver clients and staffing at River Crossings
- Launched *Inclusive Miles*, a running program which offers athletes with disabilities the opportunity to participate in training and races at no cost
- Received a grant from Toledo Roadrunners Club for *Inclusive Miles* support
- Awarded grants from Maumee Rotary and TKBW Foundation for funding of bus replacement in our fleet of buses
- We saw over 400 volunteers during the year with an accumulation of over 2,500 hours of service
- Individuals enrolled in art classes at Lourdes University
- Began sending e-newsletters twice each month





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